

Preventing Law Enforcement Officer Suicide

**Telecourse DVD
December 2007**

Course Control Number: **xxxx-29000-xx174***
CPT Hours: **2.0**
DVD Shipping Date: **12/28/07**
Reference Guide: **None**

This program is designed to create widespread awareness of law enforcement suicide and encourages agencies to discuss the subject openly among all ranks. The program teaches that suicide prevention and awareness is the responsibility of everyone involved in law enforcement.

Three key topics include: Postvention, how an agency responds when an officer suicide occurs; Prevention, understanding police culture, myths, and attitudes that may contribute to the occurrence of suicide within law enforcement; and Intervention, understanding the warning signs, triggers and symptoms of a person in crisis so peers can better intervene and support an officer that may need assistance. The video also highlights the importance of maintaining a balanced life and seeking help when it is needed.

The DVD program offers two viewing options:

1. Play Telecourse in its entirety (106 min.)
2. Select among seven Telecourse segments:
 - Introduction (2 min.)
 - Responsibility (22 min.)
 - Postvention (19 min.)
 - Prevention (22 min.)
 - Intervention (30 min.)
 - Maintaining Balance (8 min.)
 - Resources (2 min.)

***Multimedia Course Control Numbering Instructions**

For assistance with course control numbering of this program, use the Multimedia Course Control Number Calculator online at www.post.ca.gov/training/ltrc/ccn_tool.asp