

Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI)

Trainee Name	Date
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As you watch the video, follow along and complete the questions in this guide. You can stop the video and view a section again if needed. The goal is for you to complete this guide and then discuss the material with your designated agency trainer or facilitator.

List three situations/incidents that could cause Post-Traumatic Stress Disorder.

After determining the parked female driver was not DUI, list at least two of the questions the officer asked to help determine what was wrong.

In the traffic stop scenario, what steps did the officer take to help calm the veteran driver down after he suffered from a flashback?

In the roommate scenario, describe at least one symptom of TBI that was displayed by the veteran.

It is common for someone with TBI to also have PTSD.

True _____ False _____

“Validation” is a technique officers can use to help de-escalate situations.

True _____ False _____



Officers can suffer from PTSD.

True _____ False _____

List at least three signs or symptoms of PTSD.

What causes Traumatic Brain Injury?

What local resources are available for non-veterans suffering from PTSD or TBI?

For Agency Instructor/Facilitator Use Only

Reviewed By	Date
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