

# Mental Health Update

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## DVD-ROM Video

Multimedia I.D. Number: 255

CPT Hours: 2

DVD Shipping Date: 08/26/13

This training video program is designed to help raise awareness among law enforcement personnel regarding mental illness, and provides instruction on how to effectively handle 5150 calls for service.

The program utilizes scenarios to demonstrate some of the key points relevant to handling persons with mental illness, while in-depth interviews with psychologists, subject matter experts, and law enforcement personnel cover different aspects of mental illness and effective handling of 5150 calls. The video teaches that it is every peace officers' role and duty to respond to these types of calls and handle them to the best of their ability.

Segments include:

- Encountering Persons with Mental Illness
- Approach and Communication/De-Escalation
- Calls for Service - Potential Suicide
- Potential Outcomes
- Legal Aspects
- Resources

The DVD-ROM video program offers two viewing modes and printable instructor and trainee documents:

### Facilitated Group Course

Each segment features a short introduction, followed by scenarios with related questions and activities to assist in facilitating a group discussion about mental illness awareness. The facilitator has the option to play subject matter expert comments after the discussion to re-emphasize a training point or to ensure all topics are covered. A "Facilitator Guide" document (PDF) is included on the DVD-ROM for printout from a computer.

### Informational/Individual Viewing

This viewing mode allows an individual trainee or a small group of trainees to view the training video without formal (classroom) facilitation by an instructor. Features the same scenarios and questions or activities as the "Facilitated Group Course" track. Individual viewers may view sample group discussions, followed by comments from subject matter experts that reiterate and reinforce the teaching points. A "Student Workbook" document (PDF) is included on the DVD-ROM for printout from a computer.

Additional "how to" instructions for facilitation and obtaining CPT credit are included on the main menu of the video.



## Video Program Guide

California Commission on Peace Officer Standards and Training