

## *End of Life Option Act*

Trainee Name	Date
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*As you watch the video, follow along and complete the questions in this guide. You can stop the video and view a section again if needed. The goal is for you to complete this guide and then discuss the material with your designated agency trainer or facilitator.*

For a patient to be eligible to receive the End of Life Option Act medication, which of the following (if any) is NOT a requirement?

- A. They must be an adult
- B. They must be a resident of California
- C. They must be terminally ill with a prognosis of six months or less to live
- D. They must be mentally capable of making their own healthcare decisions
- E. All of the above ARE requirements

A terminally ill patient must complete a process in order to be prescribed the medications for the End of Life Option Act. Which of the following are required steps in that process?

- A. They must make two verbal requests, one from their physician and one from a consulting physician
- B. The verbal requests must be separated by a 15-day waiting period
- C. They must undergo a complete physical during the 15-day waiting period to verify the terminally ill prognosis
- D. They must make a written request of their physician, signed by two witnesses
- E. All of the above are required steps
- F. C is NOT a required step

What specific paperwork is required at the scene of a patient exercising their right to utilize the End of Life Option Act?

- A. They must have at the scene the documents signed by the doctor indicating their authority and eligibility to ingest the medication
- B. There is NO requirement to have any paperwork at all
- C. They must have at the scene the documents signed by their doctor and they must also have a Do Not Resuscitate order
- D. They must have at the scene the written request that was signed by two witnesses and presented to their doctor for signature

During a dynamic investigation, what are some of the reasons it is very important to show empathy and understanding to family members when investigating what appears to be an End of Life Option Act case?

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According to subject matter experts, it is imperative to respond to these cases with the utmost tact, professionalism and empathy because the people who are in the room with the decedent will always remember the reaction of the law enforcement officers and first responders who came to the scene.

True \_\_\_\_\_ False \_\_\_\_\_

When investigating and completing a report on an End of Life Option Act case, according to H&S 443.18, an End of Life Option Act case cannot be referred to or documented as a suicide.

True \_\_\_\_\_ False \_\_\_\_\_

What is a DNR and what is its purpose?

- A. It means Do Not Resuscitate
- B. The patient does not want any heroic measures
- C. The patient does not want to be revived
- D. The patient declines cardiopulmonary resuscitation (CPR)
- E. All of the above
- F. A and D only

If law enforcement is called to the scene of an End of Life Option Act death, what can law enforcement expect to find labeled on the medications used by the patient?

- A. They will be clearly labeled, “End of Life Option Act medications.”
- B. They will be clearly labeled, “Aid-in-Dying medications.”
- C. There will be an array of different medications that would not stand out as unusual or be marked in any way as End of Life Option Act medications
- D. There will be only one bottle or type of medication and it will be clearly marked as “End of Life Option Act” medication OR “Medical Aid in Dying” medication

According to the new laws, what are the requirements for self-administration” of aid-in-dying medications?

- A. Self-administration is required in order to ensure the voluntariness of the act
- B. It is unlawful for another person to administer the drug
- C. It is lawful for someone to assist, for example to hold a cup or mix the medicines, but the patient must actually ingest the medication themselves
- D. It is lawful for another person to be present when the drugs are ingested
- E. All of the above
- F. A and B only

