



# State of California Commission on Peace Officer Standards and Training (POST)

## Best Practices of Good Training

### Introduction

This course gives instructors the chance to practice facilitation and teaching skills in a realistic context and, in the process, learn or reinforce their knowledge of adult learning principles and how to implement them. Instructors are placed directly into familiar classroom situations and challenged to make decisions that optimize student engagement and learning. In the process of receiving robust feedback on their choices - both good and bad - instructors will appreciate the true impact of their teaching and realize and rediscover strategies that truly work with adult learners.

### Content Outline

#### Module 1: Introduction

- Welcome
- How This Module Works
- Using the Resources
- Before You Begin

#### Module 2: Classroom Simulations

- How to Complete the Simulation
- Scenario #1: Victimology
- Scenario #2: Criminal Law
- Scenario #3: Officer Wellness

#### Module 3: Conclusion

- Key Learning Points
- Link to Instructor's Guide to Learning Activities